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*Silhouette Cruises*

## Sea Star & Sea Bird

Weekly 7-night Cruise Itinerary from May to October

Day 1 - Saturday



S.Y. Sea Bird  
in Beau Vallon Bay

Embarkation at the Inter-Island Quay at 1030hrs for official welcome and briefing by the captain. Depart from Port Victoria at 1200hrs, sailing up and around the scenic coastline of Mahé's northern peninsula, past the beautiful bay of Beau Vallon, and along the dramatic backdrop of the northwestern coast of the island, with its opposing granite boulders, lush vegetation and striking blue water. In the evening, introduce yourself to Creole cuisine with a welcome barbecue onboard the vessel.

Day 2 - Sunday



Beautiful Baie Ternay

Sail to the beautiful Baie Ternay Marine Park and Nature Reserve on the western coast of Mahé, where calm, crystal-clear waters provide for excellent snorkelling and diving during the day. An afternoon sail back to Beau Vallon Bay positions the vessel in one of the island's best places to watch the countless shades of pink and orange of a Seychelles sunset.

Day 3 - Monday



Giant tortoise on Curieuse

In the morning disembark at Curieuse for a visit of this virtually uninhabited island. Experience the island's vast mangrove forests and its giant tortoise farm, along with the historic ruins of this former leper colony. After a barbecue lunch on the island, enjoy an array of water sports or simply relax and enjoy the island's beautiful beach and turquoise waters.



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Day 4 - Tuesday



The mysterious  
Vallee de Mai

Sail to Praslin, Seychelles' second-largest inhabited island, for disembarkation to the famous World Heritage Site, the Vallee de Mai Nature Reserve. This ancient forest is home to the curiously shaped double coconut, the coco de mer, as well as the Black Parrot, unique to Praslin. Explore the valley's eerie pathways beneath its canopy of massive palms, before returning onboard for afternoon opportunities to dive, snorkel or enjoy other water sports.

Day 5 - Wednesday



Anse Source D'Argent  
on La Digue

A morning sail brings the vessel to La Digue, a sleepy island community where ox-carts and bicycles still remain the most common mode of transportation throughout the island. La Digue is home to the endemic Seychelles Paradise Flycatcher, and is perhaps most famous for its massive granite boulder formations at Anse Source d'Argent, which is thought to be the most photographed beach on earth. Explore the entire island by bicycle, perhaps stopping by Union Estate, a sprawling network of traditional island activities, including a copra mill, vanilla plantation, and shipyard.

Day 6 - Thursday



Sea Star off St Pierre

In the morning, sail back towards Praslin for a visit to the tiny, picturesque granite outcrop of St. Pierre. St. Pierre is an excellent site for snorkelling and diving, with the nooks and crannies of its granite boulders teeming with marine life. In the afternoon sail to Anse Lazio, one of the most beautiful beaches in Praslin, and arguably, all of Seychelles – a perfect place for swimming, snorkelling and other water sports.



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Day 7 - Friday



Cousin is one of the  
world's few homes to  
the endangered Magpie Robin

Sail towards Cousin island off the coast of Praslin, for a morning visit of this strictly protected nature reserve, famed for its sea bird colonies and also as a sanctuary for Seychelles' rare endemic land birds and other native species. In the afternoon the vessel begins its sail towards Mahé, anchoring overnight in the Ste Anne Marine National Park with its cluster of lush granite islands.

Day 8 - Saturday



S.Y. Sea Bird

Disembarkation at the Inter-Island Quay at 08.30hrs.

## Useful Information & Travel Tips

- Your safety and comfort are our highest priority. In the event of adverse conditions, all itineraries are subject to change at the captain's discretion.
- Be sure to bring plenty of sun-screen, a cap or hat and sunglasses - Seychelles is generally warm and sunny throughout the year and the sun's rays can be especially impactful onboard the vessel, due to the reflection from the sea.
- Bring suitable footwear for walking on deck and on the beach, as well as in shallow water (some island visits require embarking & disembarking from dinghies in shallow water).
- There are numerous opportunities to dive on most days of the itinerary, and we can also conduct introductory dives for novices and PADI Open Water certification courses. Contact us for dive rates and equipment rental fees.
- All of our cruises are full board - we serve a combination of International and authentic Creole cuisine. Please contact us for special dietary needs.
- Bottled water, soft drinks, beer, wine and spirits are all available on board. Price list available on request.

Images: AMRI Photo, Photo Reisse, Raymond Sahuquet, Henri Eskenazi

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